

ROUND LAKE/BREWSTER SCHOOL DISTRICT

915 4th Ave., P.O. Box 309, Brewster, MN 56119-0309

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Ray Hassing – Superintendent/Principal

WELLNESS POLICY REPORT FOR 2016-17

I have found in research addressing our school board approved Wellness Policy that the Round Lake/Brewster School District has met all areas of providing Wellness to students and staff for the 2016-17 school year.

- I. Foods and Beverages: students have access to foods and beverages that meet all federal, state, and local guidelines.
 - A. Students meals meet all federal, state, and local guidelines.
 - B. Free and Reduce Lunches are provided to families who qualify within a data privacy practice.
 - C. Students are encouraged to wash their hands prior to lunch.
 - D. Students have adequate time to eat lunch, which is 30 minutes.
- II. School Food Service Program/Personnel
 - A. All meals meet and comply with all federal, state, and local guidelines.
 - B. The food service director is responsible for all nutrition guidelines being met.
 - C. Our food service personnel were allowed to attend trainings during the year, which were pertinent to their position.
- III. Nutrition Education and Promotion
 - A. The school district promotes drinking of water, and encourages students to have a water bottle at school.
- IV . Physical Activity:
 - A. All elementary students receive 150 minutes per week of physical education.
 - B. All middle school students receive 150 minutes per week of physical education.
 - C. All elementary students receive 150 minutes of recess each week.
 - D. All middle school students have access to 50 minutes or more of recess each week.
- V. Communications with parents.
 - A. Students are contacted about community education activities outside of the school day. These days are optional for parents and students.

Sincerely,

Mr. Hassing

Mr. Hassing
Superintendent

